

# Health and Human Performance Lab

Research Assistant Application

J. David Creswell, PhD

[Website](#) | [Email David](#)

The Health and Human Performance Lab explores diverse topics in social and health psychology, focusing specifically on stress management strategies and interventions. Our work lies at the interface between health, social, and clinical psychology as well as health neuroscience. As a Research Assistant in the Lab, you will be expected to complete 9 hours of work per week (most often between 8AM-6PM) in support of our projects and goals. We look forward to learning more about you through the application below!

Name: \_\_\_\_\_

Phone Number: \_\_\_\_\_ Email: \_\_\_\_\_

University Affiliation: \_\_\_\_\_

Relevant Coursework: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Year:  First Year  
 Sophomore  
 Junior  
 Senior  
 Other

GPA: \_\_\_\_\_

## *Background*

1. Do you have any research experience?

Yes  No

*If yes, please describe the nature of your prior experience.*

2. What are you current academic and professional goals?

## Interests

1. Why are you interested in the Health and Human Performance Lab?

2. Are you interested in learning about any of the following topics?

- |                                                              |                                                            |
|--------------------------------------------------------------|------------------------------------------------------------|
| <input type="checkbox"/> fMRI/neuroimaging                   | <input type="checkbox"/> Patient & Participant Interaction |
| <input type="checkbox"/> Biomarkers & Biospecimen Collection | <input type="checkbox"/> Other _____                       |
| <input type="checkbox"/> Data Management/Analysis            |                                                            |

3. Which H&HP project(s) would you like to work on?

- |                                                                                                                     |                                                                                                                 |
|---------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------|
| <input type="checkbox"/> Breast Cancer Trial                                                                        | <input type="checkbox"/> Clairton School Project:<br>mindfulness skill learning for<br>Clairton school district |
| <input type="checkbox"/> STAR Study                                                                                 |                                                                                                                 |
| <input type="checkbox"/> Highmark Call Center Study:<br>stress management programs for<br>call center professionals | <input type="checkbox"/> Cold Pressor Task: attention<br>skills for stress tasks                                |

## Availability

1. Which semester(s) are you applying for?  Fall  Spring  Summer

2. What hours are you available? \*RA shifts are typically scheduled between 8AM-6PM.\*

M: \_\_\_\_\_ T: \_\_\_\_\_ W: \_\_\_\_\_ Th: \_\_\_\_\_ F: \_\_\_\_\_

3. If there are no available positions, should we contact you when a position becomes available in the future?

- Yes, please contact me as soon as a position becomes available.  
 No, I will not be available in future semesters.

*\*Thank you for your application! Please save your responses and [email](#) them to Dr. Creswell. We will review them and get back to you.*